2018

(June)

EDUCATION

Course No. EDNO:205

Mental Health Education

Full Marks- 37½

Time- 1½ hours

The figures in the margin indicate full marks for the questions

Answer question **No.5** and any **two** from the rest.

1. Explain the concept of mental health. Discuss the criteria required for a mentally healthy person.   6+9=15

2. Define abnormality. What are the characteristics of abnormal behaviour? How are abnormal behaviour classified?   3+6+6=15

3. What is psychotherapy? Describe the cognitive approach of providing psychotherapy.
5+10=15

4. Elaborate on the role of home and society in maintaining good mental health.
7½+7½=15

5. Write notes on any **one** of the following: 7½

   (a) Concept and objectives of Mental Hygiene
   (b) Salient features of psycho-analysis